



HOCKEY\_edited.png  
570 x 768



**PUBLIC HOCKEY**

**STICK AND PUCK SKATER RESPONSIBILITIES**

- FULL GEAR IS REQUIRED FOR SKATERS 17 AND YOUNGER
- LONG PANTS, LONG SLEEVE SHIRT, HELMET, AND GLOVES REQUIRED FOR ADULTS 18 AND OLDER, FULL GEAR ENCOURAGED.
- NO SLAPSHOTS
- NO CHECKING
- HELMETS MUST BE WORN AT ALL TIMES ON ICE AND ON THE BENCH
- ALWAYS BE AWARE OF THOSE AROUND YOU, DON'T INTENTIONALLY CUT PEOPLE OFF.
- WATER BOTTLES MUST BE KEPT ON BENCH OR IN PENALTY BOX, NOT ON THE RAIL
- ONLY HOCKEY SKATES ARE PERMITTED
- FIGHTING IS GROUNDS FOR IMMEDIATE EJECTION NO REFUND AND POTENTIALLY CARRYING A FACILITY BAN
- ALL PARTICIPANTS SKATE AT THEIR OWN RISK

**REGISTRATION ONLINE IS REQUIRED FOR ALL STICK AND PUCK AND MORNING PICK-UP.**

Column 1

**PUBLIC HOCKEY**

Stick and Puck - Skater R